

PROGRAMME
CONSUMPTION,
WASTE AND
RECYCLING

WORKSHOP:
“Responsible Birthday”

Early Childhood
Education

Description of the Activity



CLASSROOM WORKSHOP

“This birthday was made with our own hands: responsible birthday”

INTENDED FOR:	Early Childhood and Basic Special Education
DURATION:	50 min
REQUIREMENTS:	<ul style="list-style-type: none"> ▪ One group/classroom per workshop. Several consecutive workshops. ▪ One teacher per group/classroom. ▪ Prior class work. ▪ The school must currently be a registered participant in the used package collection scheme. ▪ Workshop in English recommended from 2nd year of Early Years stage.

CURRICULUM APPROACH

Goals	<ul style="list-style-type: none"> ▪ Curricular Goal targeted by the activity:: <ul style="list-style-type: none"> ○ Observing and exploring their family, natural and social environment, identifying certain characteristics specific to Navarra. ○ Progressively acquiring self sufficiency in everyday activities. ▪ Goals of the activity based on curricular and competency needs: <ul style="list-style-type: none"> ○ Making the students aware of unsustainable consumption habits and their impact through an activity constituting a usual part of their lives and to which they ascribe great importance. ○ Identifying improvement areas to achieve a more responsible and sustainable form of consumption. ○ Knowledge of the available options for managing waste from a 4Rs standpoint. 	
Content	CONCEPTS	<ul style="list-style-type: none"> ▪ Recycling ▪ Reusing ▪ Responsible consumption ▪ Environmental impact
	PROCEDURES	<ul style="list-style-type: none"> ▪ Use of a “story” as a vehicle for learning ▪ Creative Workshop
	ATTITUDES AND VALUES	<ul style="list-style-type: none"> ▪ Empathy ▪ Responsibility ▪ Creativity

RESOURCES:

- Panels with the good and bad elves’ birthdays, where pieces can be inserted representing the items traditionally used on birthdays
- Disposable materials for the birthday celebration: Plastic cups, plastic plates, straws, empty crisp bags, soft drink bottles, etc...

COMMENTS:

Both the story and the workshop must be suitable to the Early Years age range, using concepts addressing the curricular objectives discussed above. The workshops must therefore be easily comprehensible, with simple activities, reinforcing the basic aims throughout the entire session.

ACTIVITY	TIME
5'	Greeting and organisation
15'	Playing with the panels
25'	Birthday decoration workshop using recycled materials
5'	Final discussion

DESCRIPTION OF THE ACTIVITY



DESCRIPTION:

The activity consists of two parts. During the first part, based on a story, the students, by empathising with the characters, become familiar with a number of concepts, habits and values associated with situations they encounter in their everyday lives, such as a birthday party. Consumerism, the ephemeral use of materials and objects such as toys, and a high level of waste generation are, among others, typical aspects of birthday parties, events that enjoy high appreciation among children within this age group. Such concepts are incorporated into the story, together with practical, more sustainable solutions that they can include in their birthday parties.

The aim of the second part of the workshop is to put into practice the concepts discussed above, through a birthday party decoration workshop, recycling different objects normally used for birthday parties. A range of materials, including plastic cups, plates, snack packages, used paper tablecloths and present wrapping paper and other items will be used to create decorative elements.